

Valdosta State University
Office of Health Promotion and Wellness

CPP Contact Information

- Student Liaison: Open Position!
- Faculty Advisor: Holly Wright
hhwright@valdosta.edu

Student Resources

Counseling Services:

- Student Health Center
 - 2nd Floor 1500 N. Patterson St. Valdosta, Georgia 31698
 - 229.333.5940
 - 229.253.4113
- Also Available
 - Virtual Relaxation Room
 - The Virtual Relaxation Room is designed to assist students and link them to valuable services and supports.
 - Relaxing audios and videos
 - Mindful campus walks

Health Services:

- Main
 - 229.333.5886
 - 229.249.2791
- Appointments
 - 229.219.3200
- Billing & Collections
 - 229.219.3208
- "After-Hours" On-Call Nurse

- 229.259.2083

- Campus Address- 200 Georgia Ave. Valdosta, GA 31698

Prescription Drop-Box Locations

- Lowndes County Jail (Chief Deputy Joe Crow)
- 2205 N. Ashley St. Valdosta, GA
- Find more locations at: <https://prescriptiondrugdisposal.com/>

Crisis Hotlines

- Suicide and Crisis Line: 988
- Georgia Crisis and Access Line: 1-800-715-4225
- Crisis Text Line: HOME to 741 741
- National Eating Disorders Association Helpline: 1-800-931-2237 or nedawareness.org
- Trevor Project: Text START to 678-678 or call 1-866-488-7386
- National Sexual Assault Hotline: 1-800-656-HOPE (4673) or rainn.org
- S.A.F.E.: Sexual Assault Crisis Line (706) 379-3000

Naloxone Trainings:

- georgiaoverdoseprevention.org (request training and Narcan rescue kit)