

University of North Georgia
Department of Counseling

CPP Contact Information

- Student Liaison: Emily Weller ECWELL9105@ung.edu
- Faculty Advisor: Dr. Katie Lamberson
Katie.Lamberson@ung.edu

Student Resources

Counseling Services:

- Dahlonega Campus Contact Information
[706-864-1819](tel:706-864-1819)
- Gainesville Campus Contact Information
[678-717-3660](tel:678-717-3660)
- Oconee Campus Contact Information
[706-310-6205](tel:706-310-6205)
- Cumming Campus Contact Information
[470-239-3134](tel:470-239-3134)

- Call the free 24/7/365 Support Line: [833-910-3368](tel:833-910-3368)
 - Services available to UNG students:
 - In-the-moment support for mental health issues
 - Connections to next steps
 - No-cost telehealth and in-person treatment sessions, provided by a network of licensed clinicians

- Services Offered include (but not limited to)
 - Individual Therapy/Counseling
 - Group Therapy/Counseling
 - Suicide Prevention and Education
 - Problem Solving
 - Time Management Skills Building
 - Brief Crisis, Intervention/Stabilization
 - Relaxation Training
 - Distress Tolerance Skills Building
 - Alcohol and Other Drug Abuse

Health Services:

- Dahlonge Campus Contact Information
stuhealth@ung.edu
706-864-1948
- Gainesville Campus Contact Information
stuhealthgvl@ung.edu
678-696-2676
- Students should contact Student Health Services by email or phone before going to the Health Center, particularly if they have potential COVID-19 symptoms.
- All currently enrolled University of North Georgia (UNG) students who pay the student health fee are eligible for care at Student Health Services.
- The health fee is not mandatory on the Blue Ridge, Cumming or Oconee campuses, but these students may pay the fee and take advantage of the services offered on the Dahlonge and Gainesville campuses.

Crisis Hotlines:

- Suicide and Crisis Line: 988
- Georgia Crisis and Access Line: 1-800-715-4225
- Crisis Text Line: HOME to 741 741
- National Eating Disorders Association Helpline: 1-800-931-2237 or nedawareness.org
- Trevor Project: Text START to 678-678 or call 1-866-488-7386
- National Sexual Assault Hotline: 1-800-656-HOPE (4673) or rainn.org
- S.A.F.E.: Sexual Assault Crisis Line (706) 379-3000

Prescription Drop-Box Locations

- Lumpkin County Sheriff's Office (Deputy Commander Chris Shellnut)
- Dawson County Sheriff's Office (Sheriff Bill Carlisle)
- Find more locations at: <https://prescriptiondrugdisposal.com/>

Naloxone Trainings

- georgiaoverdoseprevention.org (request training and Narcan rescue kit)