#### Augusta University

# Jags Live Well- Student Wellness Center

<u>CPP Contact Information</u>

- Student Liaison: D'Mya Sanders
  - DMSANDERS@augusta.edu
- Faculty Advisor: Morgan Davis
  - MORDAVIS@augusta.edu

Student Resources

Student Wellness

- Services provided
  - ➤ 8 Dimensions of Wellness
  - ➤ <u>Mental Health Guides</u>
  - ➤ Career Services

Student Counseling and Psychological Services

- Services Provided
  - Telemental health options and in-person appointments are available to students. Telemental health appointments are available via telephone and via DoxyMe.
  - Students interested in psychiatric services should call Student Health Services (706-721-3448) for an appointment with a psychiatrist.
- To schedule an appointment: 706-737-1471
- Hours of Operation: Monday- Friday, 8am-5pm
- Learn more at <u>https://www.augusta.edu/counseling/index.php</u>
- For after-hour emergencies, please call the Suicide and Crisis Lifeline at 988 or the After-Hour Support Line at 833-910-3364 for immediate assistance.

## Crisis Hotlines

- Suicide and Crisis Line: 988
- Georgia Crisis and Access Line: 1-800-715-4225
- Crisis Text Line: HOME to 741 741
- National Eating Disorders Association Helpline: 1-800-931-2237 or nedawareness.org
- Trevor Project: Text START to 678-678 or call 1-866-488-7386
- National Sexual Assault Hotline: 1-800-656-HOPE (4673) or rainn.org
- S.A.F.E.: Sexual Assault Crisis Line (706) 379-3000

### Prescription Drop-Box Location

- Location: Richmond County Sheriff's Office
- Hours: 24/7
- 346 Watkins Street, Augusta GA
- Find more locations at: <u>https://prescriptiondrugdisposal.com/</u>

### Naloxone Trainings

• georgiaoverdoseprevention.org (request training and Narcan rescue kit)